

## ABSTRACT

A treadmill includes a base frame having an endless trained about the forward and rearward rollers. A deck is disposed between the base frame and the upper  
05 run of the belt. One or more cushioning members are disposed between the peripheral portion of the deck and the base frame to absorb impact loads imparted on the deck by users. One or more stop barrels are secured on the base frame and slidably and loosely received in the  
10 respective openings or sleeves of the deck to limit the relative lateral movement between the deck and the cushioning member and the base frame.